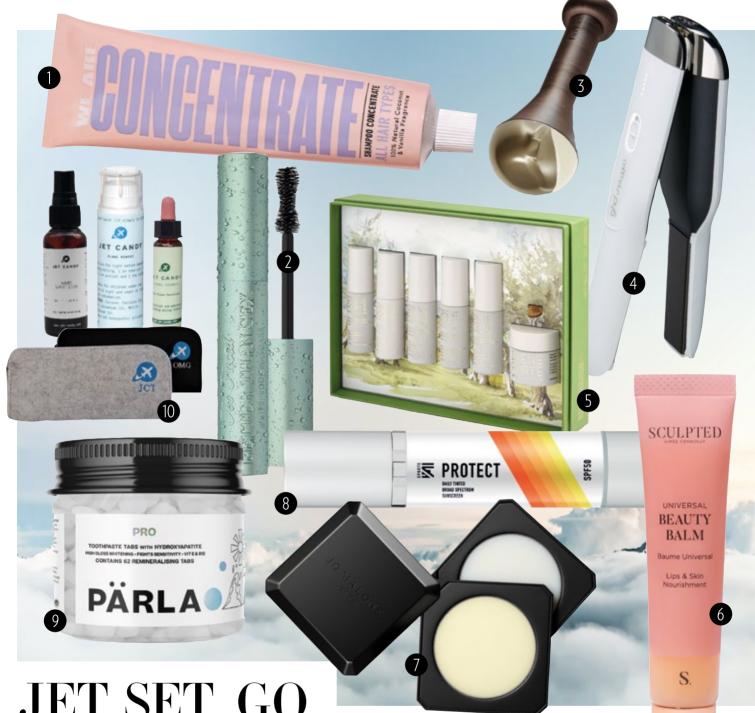
HEALTH & WELLBEING | Take Ten



JET SET, GO

Travel essentials to keep you groomed on the go. By Nathalie Eleni

We Are Concentrate Shampoo & Conditioner

Up to 70 percent of a bottle of shampoo is water - 90 percent for conditioner. We Are Concentrate's production method reuses waste water and saves around 30,000l a year. £14 each, weareconcentrate.com

Too Faced Better Than Sex Waterproof _ Mascara Plunge streak-free into the

pool with confidence with this waterproof version of Too Faced's volumising mascara. £25, toofaced.co.uk

Skin Yoga Kansa Wand Facial & Scalp

Massage Tool Keep your face depuffed in-flight or post-travel. Kansa wands have been used for over 5,000 years and predate jade rollers and gua sha; use morning and evening to boost blood flow. £55, skinyoga.com



Stay sleek on the go with this clever cordless straightener, delivering up to 20 minutes of styling when fully charged. £299, ghd.com

Irene Forte Essenziali **Rigeneranti Kit**

This luxurious box contains six essential products, ideal to tackling all your skin needs when travelling, in handy small size pots. £250, ireneforte.com

Sculpted by Aimee Beauty Balm

O A deeply nourishing lip and skin balm formulated with hyaluronic acid and shea butter for hydration and centella asiatica for its skin-healing properties. It comes in a handy small tube. £11, sculptedby aimee.co.uk

Jo Malone Solid Scent Duo Palette

Pack your favourite Jo Malone perfumes with no risk of smashes or spillages with this handy solid scent palette. Choose between ten of the brand's top perfumes. £26, jomalone.co.uk

Sports Hai SPF 50 **High Protection**

Ο Lightweight, hydrating and water-resistant, yet still incredibly effective against the sun's harmful rays, this SPF 50 tinted sunscreen from Sports Hai will keep you protected while on the go. £45, sportshai.com

Pärla Pro **Toothpaste Tabs** Toothpaste tabs are the next gen of oral care and are great for travel - as well as being a plastic-free choice. Subscribe for £8/month. parlatoothpastetabs.com



Say goodbye to jet lag, anxiety and germs with this handy travel pack containing rosescented Hand Sanitiser, mini Plane Remedy and either a full-sized Plane Remedy or Botanical Travel Essence. £40, email flywith@jet-candy.com