

Jet lag is something that is a genuine issue for global travellers, especially those travelling regularly and needing to arrive fit for business. There have been many 'solutions' and suggestions over the years, from light therapy to exercise, but now one British company is the talk of the skies for their rejuvenating remedy.

Jet Candy was officially launched at ILTM Cannes in 2017, and works by allowing the internal body clock to function during long-haul travel, thereby helping with fatigue, dehydration, disorientation, mental sharpness and other symptoms associated with the disruption of the circadian rhythms.

The remedy comes in a travel-sized dispenser with a practical pill distributor cap, perfect for carry-on, which you can tap, twist and take on the go.

Each bottle contains approximately 100 pillules, sufficient for 10 intercontinental flights, and each one is handmade to be a 100% homeopathic remedy developed by one of the most renowned homeopaths around, containing sucrose, arnica, bellis perennis, cocculus, gelsemium and petroleum.

Actress Hermione Norris is one Jet Candy convert. "This magic product literally saved my bacon flying to and from Australia recently," she says. "I wouldn't attempt a long-haul flight without it now, having experienced the journey with Jet Candy and without it. It's lifechanging for the long-haul traveller."

As UNIQUE goes to press, Jet Candy is also reacting to the restart of safer travel with its own take on a personal protection kit. The Jet Candy Travel & Safety Set includes gloves, a face mask, antibacterial hand cream and a bamboo toothbrush, plus of course Jet Candy Executive and Mini, all in a neoprene pouch.

As film distributor Thomas Hedman says: "Jet Candy is the only jet lag remedy that has ever worked for me. As a frequent flyer between London and Los Angeles over many years, I had a constant problem with jet lag and I found no remedy on the market that actually worked. Sceptical, I reluctantly agreed to try Jet Candy. To my total disbelief, for the first time ever, I travelled without suffering any symptoms."

Do yourself a favour and leave jet lag behind.